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# **MAQUIN** Games

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Abstract— Extended reality is a catch-all to refer to augmented reality (AR) and virtual reality (VR). Sometimes the acronym 'XR' is used in place. We find that the VR games market is maturing. Fewer VR games are released each month but their quality appears to be improving over time. Most games support multiple headsets and play area, and support for smaller-scale play areas are increasing. With the help of fitness equipment we can use VR Games for daily fitness routines. When a person decides to run daily for fitness, there is a chance he might loses desire to run daily. If he/she is running with a group of friends there is a possibility that he might not find any difficulty to stick to his/her schedule. If the person is lonely or his/her friends are not available he might have a impulse not to run. Heavy work commitments, tight deadlines, pandemic periods are among the common reasons some find it difficult to stick to a regular schedule. A VR Game used for running gives the solution for the problem.

Index Terms—component, formatting, style, styling, insert.

#### I. INTRODUCTION

Extended reality is a catch-all to refer to augmented reality (AR) and virtual reality (VR). Sometimes the acronym 'XR' is used in place. We find that the VR games market is maturing. Fewer VR games are released each month but their quality appears to be improving over time. Most games support multiple headsets and play area, and support for smaller-scale play areas are increasing. With the help of fitness equipment we can use VR Games for daily fitness routines. When a person decides to run daily for fitness, there is a chance he might loses desire to run daily. If he/she is running with a group of friends there is a possibility that he might not find any difficulty to stick to his/her schedule. If the person is lonely or his/her friends are not available he might have a impulse not to run. Heavy work commitments, tight deadlines, pandemic periods are among the common reasons some find it difficult to stick to a regular schedule. A VR Game used for running gives the solution for the problem.

#### II. GENERAL BACKGROUND

Virtual reality (VR) is a computer-generated simulation of a three-dimensional environment that can be interacted with in a seemingly real or physical way by a person using specialized equipment, such as a headset with a screen or screens inside. VR has been used in a variety of applications, including gaming, entertainment, education, and training. Fit ness games are video games that are designed to provide players with an enjoyable way to exercise and improve their physical fitness. These games often involve physical activity, such as dancing, boxing, or sports simulations, and may use specialized controllers or motion sensors to track the player's movements. Some fitness games also incorporate virtual reality technology, allowing the player to immerse themselves in a realistic, interactive environment. VR fitness games combine the immersive experience of VR with the physical benefits of exercise. These games can be played using VR headsets and controllers, and may incorporate elements such as virtual personal trainers, customizable workouts, and leader boards to provide a more interactive and engaging fitness experience. Many VR fitness games are designed to be played in the home, providing a convenient and accessible way to stay active and healthy.

## **III. PROBLEM DEFINITION**

To evaluate and monitor the prevalence of disability, public health needs better surveillance techniques or instruments. There is a potential that a person who resolves to run every day for fitness would lose interest in doing so. There is a chance that he won't have any trouble keeping to his schedule if he runs with some companions. A person may be compelled to stay put if they are lonely or if their companions are not available. Heavy workloads, deadline pressure, and pandemic situations are a few of the typical reasons why some people find it difficult to maintain a regular routine. "Our team is creating a VR game with the goal of giving gamers an immersive and participatory gaming experience. The game will take place in a post-apocalyptic environment where the player must overcome obstacles and solve riddles in order to survive. The game's main objective is to entertain and interest the player while also fostering a sense of immersion. We will need to build responsive controls that are easy to use, as well as immersive environments and challenges, to accomplish this. We also want to make sure that a large audience, including gamers with disabilities, can access the game. To do this, we must consider accessibility when designing the game and provide options for alternative control systems. And text-to speech capabilities. Overall, our team wants to make a VR experience that is fun and available to players of all skill levels.



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#### **IV. OBJECTIVES**

The objectives of this work are:

Extended Reality can help solve the aforementioned issue. Running in a virtual reality game provides the answer to the issue. The user is given a 360-degree view in the game, simulating the actual world.

Friends can run together in the game from anywhere in the world thanks to the game's multiplayer functionality. The user needs a thread mill and VR goggles.

The games will be developed using either the Unity 3D engine or another game engine that offers enhanced reality SDK packages. Any cloud server will be used to implement the multiplayer feature.

#### V. LITERATURE SURVEY

## Paper 1: A Video Game is being developed with Unreal Engine using a Four Stage Process

As time goes on, technology started to develop and becomes more essential to human life. The purpose of this project is to demonstrate that creating a videogame with Unreal Engine and an agile methodology is feasible in terms of cost, speed, and sustainability. Preproduction, Production, Testing, and Postproduction are the four stages of this process, all of which were helpful in completing the project on schedule. In order to accomplish this, we designed and created an action platform game using the steps stated before. Since we produced a top-notch game in a short amount of time with few resources, we successfully demonstrate the applicability of the four stages process. Object oriented programming, reusable code via libraries, and computer-generated graphics are the three key advantages of using a gaming engine like Unreal Engine. The engine features specialised libraries for game development; using them allows you to concentrate on the concept rather than the technical specifics rather than on how to create a game from scratch. The Character class, which contains all the necessary code to build a character for the game, was created using the traditional method but in a highly intuitive way thanks to the usage of object-oriented programming. The stages of creating entertainment software differ in several specific ways from those of other sectors. The creation of entertainment software necessitates not only the use of engineers who are professionals in their domains, but also the creation of several multidisciplinary teams that can merge engineering and art to produce a singular product.

#### Paper 2: The Development of Virtual Reality Fitness and Gaming Applications Using Unreal Engine

Engine is a popular game engine developed by Epic Games that can be used to create a wide variety of applications, including virtual reality (VR) games and experiences. One area where Unreal Engine has been particularly successful is in the development of VR fitness and gaming applications. Some of the key features of Unreal Engine that make it well-suited for creating VR fitness and gaming applications include: High-quality graphics: Unreal Engine is known for its ability to create stunning, realistic graphics, which is especially important in the context of VR where the visual quality can significantly impact the user's immersion and enjoyment. VR support: Unreal Engine includes built-in support for VR development, including support for popular VR headsets such as Oculus Rift and HTC Vive. It also includes tools for optimizing VR performance and handling user input from VR controllers. Physics and animation: Unreal Engine includes advanced physics and animation systems that can be used to create realistic and interactive VR experiences. For example, in a VR fitness game, the physics engine could be used to simulate the movement of weights or other equipment. Networking: Unreal Engine includes robust networking support, which is important for creating multiplayer VR games or applications. The phases involved in developing entertainment software are distinct from those in other industries in a number of key ways. Entertainment software development demands the formation of numerous multidisciplinary teams that can combine engineering and art to create a single product, in addition to the usage of engineers who are experts in their fields. Overall, Unreal Engine is a powerful tool for developing VR fitness and gaming applications, and its combination of high-quality graphics, VR support, physics and animation, and networking capabilities make it a popular choice among developers.

#### Paper 3: Asymmetric Mixed Reality Collaborative Learning for Targeted Teaching Decision Support

Asymmetric mixed reality collaborative learning is a teaching approach that uses technology to facilitate learning by combining elements of both real and virtual environments. In this approach, one group of learners (the "asymmetric" group) is physically present in a classroom or other learning environment, while another group (the "mixed reality" group) is participating remotely through the use of virtual or augmented reality technology. The goal of asymmetric mixed reality collaborative learning is to provide targeted teaching and decision support to learners in order to enhance their learning experience and improve outcomes. This can be achieved through a variety of methods, including real-time feedback and guidance from instructors, interactive simulations and exercises, and collaborative problem-solving activities. One potential benefit of asymmetric mixed reality collaborative learning is that it allows learners to engage in activities that may not be possible or practical in a physical classroom setting. For example, learners in a mixed reality environment might be able to visit virtual field sites or participate in simulations that replicate real-world situations, such as disaster response or medical emergencies. This can



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provide learners with hands on experience and allow them to practice decision-making and problem-solving skills in a safe and controlled environment. Overall, asymmetric mixed reality collaborative learning is a promising approach to teaching and learning that can facilitate the acquisition of knowledge and skills in a variety of contexts.

## Paper 4: Effects of Enhanced Physical Activity using Virtual and Augmented Reality.

Virtual reality (VR) and augmented reality (AR) have the potential to enhance exercise and physical activity in a number of ways. Research has shown that VR and AR can be effective in increasing motivation and engagement in physical activity, particularly among individuals who may be less active or have difficulty with traditional exercise. One study found that VR cycling was perceived as more enjoyable and less strenuous than traditional cycling, and participants reported higher levels of motivation and enjoyment when using VR. Another study found that AR walking games were effective in increasing physical activity levels in older adults, and that the use of AR led to increased levels of motivation and enjoyment. There is also evidence to suggest that VR and AR can be effective in improving balance and coordination, and may be useful in rehabilitation settings. For example, a study of individuals with stroke found that VR balance training led to significant improvements in balance and mobility compared to traditional balance training. To create realistic physical interactions in AR games, developers must carefully consider the specific characteristics of the objects and characters in the game and how they should behave under different circumstances. This can involve simulating the effects of gravity, friction, and other physical forces, as well as designing the behaviors of characters and objects to match those of real-world counterparts. By using an engine for creating plausible physical interactions in AR games, developers can create more immersive and believable experiences for players, helping to enhance the overall enjoyment of the game. It's important to note that while VR and AR can be effective in enhancing exercise and physical activity, they should not be viewed as a replacement for traditional physical activity. It is still important to engage in a variety of physical activities, including both moderate and vigorous intensity exercises, to achieve overall health and fitness benefits

#### Paper 5: An Augmented Reality Game Engine for Realistic Physical Interactions

An augmented reality (AR) game is a type of computer generated simulation that combines virtual elements with the real world, typically through the use of a device such as a smartphone or a headset. An engine for creating plausible physical interactions in AR games is a software tool that helps developers design and implement realistic behaviors for objects and characters within the game. There are several key factors that can contribute to the believability of physical interactions in AR games. These include: Physics simulation: A physics engine can be used to model the way objects move, collide, and interact with each other based on real world physics principles. make the behaviors of objects and characters in the game feel more natural and realistic. Environmental mapping: AR games often rely on techniques such as SLAM (simultaneous localization and mapping) to build a model of the real-world environment and track the player's movements within it. This can help ensure that virtual objects are properly positioned and oriented within the physical space, adding to the sense of immersion. Haptics and other sensory feedback: Haptic feedback can be used to give players a sense of touch and physically-based interactions, while other forms of sensory feedback such as sound and visual effects can also help make the game feel more immersive. An engine for creating plausible physical interactions in AR games is an essential component of any AR game development process, as it helps to ensure that the virtual elements of the game feel grounded and believable within the real-world environment. This can help to enhance the overall enjoyment of the game for players, as they are able to interact with the virtual world in a way that feels natural and intuitive. There are several existing tools and technologies that developers can use to create plausible physical interactions in AR games. These include physics engines such as Havok, Bullet, and NVIDIA PhysX, as well as AR development platforms such as ARCore and ARKit.

#### Paper 6: Targeted Instructional Support for Decision Making using Asymetric Mixed Reality Collaborative Learning

Virtual running, or exergaming, is a form of physical activity that involves using a computer or video game console to engage in virtual sports or other physical activities. Many exergames, or "exergaming" for short, are designed to be played on specialized gaming systems such as the Nintendo Wii or Xbox Kinect, which use sensors to track the player's movements and provide feedback based on their performance. There is some evidence to suggest that exergaming can be an effective way to improve physical fitness and increase enjoyment of physical activity. One study found that children who played exergames showed significant improvements in cardiovascular fitness and body mass index (BMI) compared to a control group. Another study found that adults who played exergames reported greater enjoyment of physical activity and were more likely to continue participating in regular exercise compared to those who did not play exergames. However, it is important to note that exergaming should not be seen as a replacement for traditional forms of physical activity. While exergaming can provide some physical benefits, it is not a substitute for activities such as running, cycling, or team sports, which involve more complex movements and require a greater level



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of coordination. It is also important to ensure that exergames are used in moderation and do not become a replacement for other forms of physical activity.

#### Paper 7: Improved Player Interaction for First-Person Shooting Games in Virtual Reality using Motion Controllers

First-person shooting (FPS) games are a popular genre of video games that involve players controlling a character from a first-person perspective and using weapons to engage in combat with other characters. In Virtual Reality (VR), motion controllers can be used to enhance player interaction and provide a more immersive and intuitive gameplay experience. Motion controllers work by tracking the movement and orientation of the player's hands and allowing them to interact with the virtual environment in a more natural way. In an FPS game, motion controllers can be used to replicate the experience of holding and using a virtual weapon, allowing players to aim, shoot, and reload in a way that feels more realistic and intuitive. Motion controllers are devices that allow users to interact with Virtual Reality (VR) environments in a more natural and intuitive way. In the context of first-person shooting games, motion controllers can be used to provide enhanced player interaction by allowing the player to use their own hand movements to aim and shoot their virtual weapons. There are a variety of motion controllers available on the market, ranging from simple handheld devices to more sophisticated systems that track the movement of the user's entire body. Some motion controllers are designed specifically for use with VR headsets, while others can be used with a wide range of VR and Augmented Reality (AR) applications. One of the key benefits of using motion controllers in VR first person shooting games is that they allow for a greater sense of immersion and presence in the virtual environment. Rather than simply pressing buttons on a controller to aim and shoot, the player can physically move their hands and arms to aim and fire their virtual weapon. This can make the experience of playing the game feel more realistic and engaging. Additionally, motion controllers can allow for more precise and responsive control of the game, as they can track the player's hand movements with a high degree of accuracy. This can make the gameplay more intuitive and enjoyable, as the player can more easily aim and shoot at targets in the game world. Overall, the use of motion controllers in VR first-person shooting games can provide an enhanced and more immersive gaming experience for players. Using motion controllers can also help to reduce fatigue and strain on the hands, as players are not required to grip a traditional controller for extended periods of time. This can help to make VR FPS games more comfortable and enjoyable for players, especially for those who may have mobility issues or hand fatigue.

#### Paper 8: Vr Game Character Walking Simulation using Remote Sensing Based on ahrs Motion Recognition

Walking simulation for Virtual Reality (VR) game characters using a remote sensing device based on Attitude and Heading Reference System (AHRS) motion recognition is a technique for enabling VR game characters to walk or move in a realistic and natural way. AHRS is a type of sensor that can measure the orientation and movement of an object in three-dimensional space. By attaching an AHRS device to a VR game character, it is possible to track the character's movement and use this data to simulate walking or other types of movement in the game. It sounds like you are interested in creating a walking simulation for a Virtual Reality (VR) game character using a remote sensing device that is based on Attitude and Heading Reference System (AHRS) and motion recognition. AHRS is a type of inertial navigation system that uses sensors such as accelerometers, gyroscopes, and magnetometers to determine the orientation and movement of an object. Motion recognition involves using sensors or other data sources to detect and classify movement patterns. To create a walking simulation for a VR game character using a remote sensing device based on AHRS and motion recognition, you will need to do the following: Determine the type of remote sensing device you will use. Some options might include a VR head set with built-in sensors, a separate motion tracking device, or a device specifically designed for AHRS and motion recognition. Develop a system for collecting and processing data from the remote sensing device. This will likely involve creating algorithms or using existing software libraries to interpret the data from the sensors and determine the orientation and movement of the device. Use this data to control the VR game character's movement. This could involve mapping the movement of the device to the movement of the character in the game, or using the data to trigger specific actions or animations for the character. Test and refine the system to ensure that it is accurate and responsive. This may involve adjusting the sensitivity of the sensors or the algorithms used to interpret the data. Creating a walking simulation for a VR game character using a remote sensing device based on AHRS and motion recognition can be a complex task, but it can also be a rewarding and exciting way to bring a new level of immersion and interactivity to VR games One of the key benefits of using an AHRS-based remote sensing device for walking simulation in VR games is that it allows for a high degree of accuracy and realism. Because the device is able to track the character's movement in real-time, the simulated walking or movement can be highly responsive and realistic. Additionally, using an AHRS-based remote sensing device can make it easier to implement walking simulation in VR games, as it eliminates the need for complex animation and motion capture techniques. This can save time and resources for game



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developers, and allow them to focus on other aspects of the game. Overall, the use of an AHRS-based remote sensing device for walking simulation in VR games can help to create more realistic and immersive experiences for players, and can make it easier for game developers to implement this type of gameplay.

#### Paper 9: Creation of a Virtual Reality Serious Game for Safety Training Regarding Underground Rock Hazards

Developing a Virtual Reality (VR) serious game for underground rock-related hazards safety training can be a challenging but rewarding project. A serious game is a game that is designed to teach or train players on a specific topic, rather than solely for entertainment purposes. In this case, the goal would be to create a VR game that is effective at teaching players about safety in underground rock environments, such as mines or tunnels. To develop a VR serious game for underground rock-related hazards safety training, you will need to do the following: Define the learning objectives and content that the game will cover. This may involve consulting with subject matter experts to ensure that the game covers the most important safety topics and provides and useful information to players. Determine the gameplay mechanics and overall structure of the game. This may involve deciding on the type of VR platform that the game will be developed for (e.g. VR headset, mobile device, etc.), as well as the types of challenges and interactions that players will encounter as they progress through the game. Design and create the VR environment and assets for the game. This may involve creating 3D models of the underground rock environment, as well as any hazards or equipment that players will encounter in the game. Develop the gameplay mechanics and interactions, including any training modules or activities that players will need to complete. This may involve creating custom scripts or using existing game development tools and engines. Test and refine the game to ensure that it is effective at teaching players about underground rock related hazards safety, as well as being engaging and enjoyable to play. Developing a VR serious game for underground rock related hazards safety training can be a complex and time consuming process, but the end result can be a valuable tool for teaching safety skills to workers in these environments.

# Paper 10: Autism Screening and Classification Using a Virtual Reality System

Virtual Reality (VR) technology has the potential to be used as a tool for screening and classifying Autism Spectrum Disorder (ASD). VR systems can create immersive, interactive environments that allow individuals to experience and interact with virtual objects and scenarios in a way that can closely mimic real world situations. This can be particularly useful for ASD screening and classification, as individuals with ASD often have difficulty with social interactions and communication, and VR systems can provide a controlled environment in which these skills can be evaluated. There are several ways that VR systems can be used for ASD screening and classification. One approach is to use VR tasks that are designed to assess social interaction and communication skills. For example, a VR task might involve a virtual conversation with a virtual character, in which the individual being evaluated is asked to initiate and maintain a conversation, express emotions, and respond appropriately to the virtual character's cues and responses. Another approach is to use VR tasks that involve problem-solving or decision making, as individuals with ASD often have strengths in these areas. VR technology can also be used to evaluate sensory processing and sensory integration, which are often impaired in individuals with ASD. For example, a VR task might involve exposure to virtual stimuli (e.g. sights, sounds, touch) that are designed to overload or underload the individual's sensory system. The individual's responses to these stimuli can then be used to assess their sensory processing and integration abilities. Overall, VR technology has the potential to be a valuable tool for ASD screening and classification, as it can provide a controlled, interactive environment in which individuals can be evaluated on a range of skills that are relevant to ASD. However, it is important to note that VR technology is still in the early stages of development, and more research is needed to fully understand its potential as a tool for ASD screening and classification.

#### VI. COMPARSION TABLE

SI. Na.	Paper	Target Area	Acceptability	Efficiency	Remarks
İ.	Video games using unreal origines.	Anyone with basic computer knowledge	Entertainable	Reolistic graphics	Understanding the concept and working of games developed in unreal
2	Use of unreal engine to create VR fitness and gaming application	Health care	Entertainable and fitness	Use of high level servers	Provides fitness and exercise
SI. Ne.	Рарот	Target Area	Acceptability	Efficiency	Remarks
3	Targeted Teaching Decision Support Through Asymmetric Mixed Reality	Students and Teachers	Concept handling	Clear cut Visualisation	Providing students and teachers better understanding of concepts
4	Effectiveness of virtual and augmented reality-enhanced exercise on physical activity	Fitness Franks	Connects real and virtual world	High rendering	Provides a new experience in physical fitness



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SI. No.	Paper	Target Area	Acceptability	Efficiency	Remarks
5	An engine for creating physical interaction in AR games	Game Developers	Shruld be Easy to build	Better Processing	Provides an platform for game development
6	Physical Fitness and Enjoyment on Virtual Running for Energames	Fitness Fitaks	Better interaction	Realistic	Provides an interactive fitness in modern times
SI. No.	Paper	Target Area	Acceptability	Efficiency	Remarks
r	Enhanced Player Interaction Using Motion Controllors for First-Penson Shooting Games in VR	Garners	Beter first person view	Realistic approach	Better experience in game playing
0	Walking Simulation for VR Game Character Using Remote Sensing Device	Playors	Better experience	Less Latency	Real world blending in walking parses
SL No.	Paper	Target Acea	Acceptability	Efficiency	Remarks
9	Development of Virtual Reality Serious Guine for Underground Rock-Related Hazards Sofrey Training	Underground mining workers	cope up denial against changes	Real time graphics	Faster solutions in any scenario
10	Virtual Reality Based System for the Screening and Classification of Antian	Differently abled citizens	Medical condition	Better visualisation with different test cases	Early understanding helps in early caring

#### VII. CONCLUSION

Virtual reality (VR) games can be useful in a variety of ways in daily life. Here are a few examples Virtual reality (VR) games can be useful in a variety of ways in daily life. Here are a few examples

Entertainment: VR games can provide a fun and immersive form of entertainment that allows users to escape reality and experience new worlds.

Stress relief: VR games can be a good way to relax and unwind after a long day or week, helping to reduce stress and improve overall well-being. Exercise: Some VR games require physical movement, which can provide a good workout.

Education: VR games can be used as a tool for education and training, allowing users to learn and practice skills in a simulated environment.

Therapy: VR games have been used in therapy to help people with a range of issues, including phobias, post-traumatic stress disorder (PTSD), and rehabilitation from injury.

Socialization: Some VR games allow users to inter act with other players in a virtual world, which can be a good way to socialize and make new friends. Overall, VR games can be a useful tool for entertainment, exercise, education, therapy, and socialization.

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